

BREAKING NEWS
BASScare Hester Canterbury AGM
now scheduled for Friday
15 September 2023

Calendar Dates

IT'S NOT WHAT YOU MAKE BUT CREATE

It's that time again for our crafty community to come together next **Monday 28 August at 2pm** in the Private Dining Room for **Craft Group**. You'll be in stitches with well crafted conversations and the sharing of current projects.



Hester Class

Allelujah sees a stellar cast deliver senior humour and a heart warming story of the price the elderly pay at the hands of bean counters, when a small Yorkshire hospital geriatric ward is threatened with closure. Screening for your pleasure **Tuesday 29 August at 7:30pm**.



HIP HIP HOORAY



Let there be cake as we celebrate the **August Birthdays** (2 current residents) tomorrow **Thursday 24 August at 3pm** in the Club Lounge. Bring your taste buds and cheerful singing voice.

Notices

LUNCH IS OFF THE TABLE

For those who were attending the **Resident Community Lunch** this **Friday**, you would have already been notified that unfortunately we have needed to **cancel** it due to a lack of numbers booked, as the Faversham Kitchen could not justify the extra Chef that was required. I am now asking for **feedback** to ensure future community events are well attended and if it was because of the day of week, the menu, price or some other reason residents did not sign up for the lunch. Please let me know when you have a minute free.



DON'T PLACE YOUR GYM CLOTHES IN MOTH BALLS JUST YET

Those residents who usually attend or would like to attend the **Tuesday** morning **Exercise Class** in the **Hester Canterbury Gym**, please note that the scheduled class will continue as normal and will be taken by YMCA instructor **Yanmei** until a new **BASScare Exercise Physiologist** has been employed. If you have any questions regarding the class, please let me know.



WHY DOES CLEANING LOOK DIFFERENT

You may have noticed a new face taking care of the cleaning in the communal areas as we welcome **BASScare** cleaner **Deng Zhi** to **Hester Canterbury** who is filling in for **Tony** for a month as he does just about anything but clean. If you get the opportunity, say Hi to **Deng Zhi** who loves to smile and help out, though be mindful that English is her second language.



The Hester Canterbury Newsletter is uploaded on the Hester Website under 'news'.

www.hestercanterbury.com.au

THE SEED HAS BEEN PLANTED



Looking for advise on how to create a picture perfect balcony garden or just after some professional maintenance of your courtyard plants, well we have sourced a passionate **expert landscaper and balcony gardener, Heather Benbow**, who wants to incorporate the beauty of our communal gardens and bring the same relaxed view to your balconies / courtyards.

Heather's own garden is all pots and this is her specialty for over **25 years**. Anything from a small pot in one corner to a vertical or lush tropical garden, all can be accommodated and Heather is more than happy to discuss maintenance, design and / or plant choice with you.

If you are interested in contacting Heather (**The Good Gardener**), there are flyers available under the notice board in the mail room.

With Spring just a few sunny days away, this is probably good timing to remind you of your plants favorite elixir, worm juice, that is being bottled daily and available from your local refuse room.

MOST IMPORTANT ASSET OF THE LIBRARY HAS LEGS

Such a beautiful spot to spend a lazy afternoon immersed in a novel or use the ample light to find that elusive jigsaw piece, the **Hester Canterbury Library** is a matrix of wisdom, knowledge and self indulgence. As most of you are aware, during the recent renovation of the floorboards the **Library** became a touch disarranged and it is not by chance that it has returned to its former glory!

Our unassuming and unofficial **Librarian Christine** has devoted many an hour to restoring the **Library** shelves to an aesthetically pleasing level and catergorising the books for easier discovery. On behalf of the community I would like to extend our thanks to **Christine** for her time and effort.

IT'S NOT FUNNY TO LAUGH ALONE

I am pleased to advise that we had a **record attendance** at **Funny Friday Matinee** movie last week of 2.5 residents and your chance to be part of that joy is this **Friday 25 August at 1pm** in **Hester Class**. We are screening the clever and subtly ridiculous **Monty Python and the Holy Grail**, a rib tickling historical journey through the absurd with an ending you will never see coming.

So pack yourself an open mind and try not to laugh.

Have a serendipitous week and take care.



**Week Three of the Winter Menu starts on Monday 28 August.
Please place any orders by 1pm the Thursday before.
Bon Appetit!**