

newsletter newsletter

28 JUNE 2023

Calendar Dates

WE WANT YOU

As part of the Quality **Innovation Performance** Accreditation Day we invite a cross section of residents, including the committee, to partake in a group interview or



individually if requested, with the ARVAS Assessment team leader at **10am** this Friday 30 June in the Cinema. Please make them and the BASScare staff feel welcome as they spend the day moving throughout the complex.

Hester Class

An inspiring true story, 'Gifted Hands -The Ben Carson Story' takes the viewer



belief as a young disadvantaged boy (Ben, played by Cuba Gooding Jnr) raised by a nurturing single mother, with poor academic abilities and struggling to

on a journey of

navigate a mind field of discrimination, grows up to become a leading neurosurgeon. Screening for your pleasure Tuesday 4 July at 7:30pm in Hester Class.

Notices

NATIONAL NAIDOC WEEK

This years NAIDOC Week theme is



'For our Elders' and is a celebration that recognizes the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. NAIDOC Week is an opportunity for all Australians to learn about First Nations cultures and histories and participate in celebrations of the oldest, continuous living cultures on earth. From 2 - 9 July, celebrations includes Shadow Spirit, an immersive First Peoples exhibition at the iconic Flinders St Ballroom. Harnessing ancestral knowledge to share stories of First Peoples Spirit worlds through multiple art-forms including installation, sculpture, animation, sound, and video. Just catch the train.



MORE THAN WORDS ON A PAGE

Last Thursday we warmly welcomed author and genealogist M.K. Jacobs to Hester Canterbury to enlighten us on the lengthy process undertaken to research the back story to giving rise to a historical fiction novel. M.K. Jacobs has penned fourteen books to date with two currently being written, with her latest novel, 'In The Shade Of The Mountain' available for all residents to read in the Hester Canterbury Library. Once you have read the book, please place it back in the library. Thanks.



The Hester Canterbury Newsletter is uploaded on the Hester Website under 'news'.

HOME IS NOT A PLACE. IT'S A FEELING

A place to call home is so much more than the aesthetics and the material things that accompany you, it's a place that is warm and inviting and you are proud to showcase and share with family and friends. It is a place surrounded by a landscape of streets that draw you out with intrigue and a sense of security, where irreplaceable memories are formed and stories are shared.

It's a place of comfort knowing that within arms reach is a community that will look out for you, and support you if required. It's a place you leave without much thought, but are excited to return to, where you take things for granted but forever thankful for its presence. It is where you freely shed emotions, an uncontrollable laugh, a vulnerable tear.

It's a place you spend the majority of your time but don't feel cheated. It's a place you chose to call home, it didn't choose you, while all along it was to serve one real purpose. A better life.



BACK BY POPULAR DEMAND



Based upon the very positive feedback from the last **'Friday Happy Hour Fish N Chips'** night, I will be in talks with the Hospitality Manager at Faversham House about scheduling a repeat performance in **July**. Once finalized, a Sign-Up form will be available at Reception. Don't forget, Friday Happy Hour takes place every **Friday from 5pm** in the Dining Room. BYO drinks, nibbles and a good sense of humour. We will also look at the prospect of hosting a Mid Winter Residents Lunch to warm those eager wintery appetites, also in July if possible.

Have a tremendous week and take care.

Week Three of the Winter Menu starts on Monday 03 July. Please place any orders by 1pm the Thursday before. Bon Appetit!



Please forward any contributions for future newsletters to our Retirement Living Coordinator Email: hester@basscare.org.au Like us on Facebook and Instagram

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