



Calendar Dates

FOOD FOR THOUGHT

The **Hester Canterbury Autumn Menu** is live and awaiting your attention. Every night, once a week or once a month, it's your choice. If you need a copy of the Menu, please let me know.



Starts Monday, so ensure your order is submitted to me by **Thursday afternoon**.

Hester Class

If you have ever flicked through the pages of a classic **Jane Austen** novel then you know any adaptation is going to be a real treat. Screen-



ing **Tuesday 14 March** in **Hester Class** is the period piece

'**Persuasion**' which follows gorgeous people in fabulous clothes randomly exchanging snappy banter and shadowing a young lady looking for love and happiness.

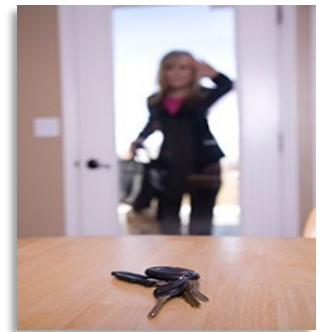
CELEBRATING ACHIEVEMENTS OF WOMEN



Notices

THE KEY TO BEING LOCKED OUT

During **Stage Two** of construction the ground floor **Key Safes** will be off limits, so if you find yourself locked out of your apartment and before you organize a sleepover at your neighbours, please contact me (Chris) during business hours (Mon-Fri) and **Geoff** or **John.F** after hours and weekends for access.



SYSTEM CHECKING COMPLIANCE

As a signatory to the **Code of Conduct** and we strive forward with our **Australian Retirement Village Accreditation Scheme** application, one of the requirements is to nominate a **Compliance Officer**. I am pleased to advise you that **Hester Canterbury's** compliance officer is Menon Sooben, General Manager Compliance, Risk & Continuous Improvement at BASScare.

THE GOOD JUICE

Wake up your plants, set the table and serve up a rich cocktail of Worm Juice, now available in the **South** and **West Refuse Rooms**. The full bodied organic plant tonic is available to all residents to use on their balcony or patio gardens, so don't delay as there is plenty more from where our first vintage came from. Please ask **Martin** (the Gardener) for the correct amount to pour onto the plants if unsure. Here's to a **greener Hester Canterbury**.



The Hester Canterbury Newsletter is uploaded on the Hester Website under 'news'.

www.hestercanterbury.com.au

DON'T DELAY A LITTLE HELP

FUTURE PROOF YOUR LIVING IN FOUR EASY STEPS

Step 1. Tailor services to your needs, like apartment cleaning or transport to doctors appointments for example

Step 2. Contact My Aged Care yourself or ask family to do it on your behalf on 1800 200 422 or go to myagedcare.gov.au to organise an assessment and eligibility.



Step 3. Once assessed, contact BASScare Home Care or search for a provider in the area.

Step 4. Manage your services to fit in with your lifestyle, not the other way around.

Don't Delay. Organise My Aged Care Today

EVEN ROCK BOTTOM HAS A BASEMENT

Though 95% of **Stage One** is now complete, I will continue to work from the basement up until the floorboards are removed and the concrete grinding is complete, as operationally it would be very difficult to conduct conversations or take telephone calls from the ground floor office. If you need to speak with me, drop something off, or just after a chat, please **push B** on the lift to visit me. Have a fantastic week and take care.

**Week One of the Autumn Menu starts on Monday 13 March.
Please place any orders by 1pm the Thursday before.
Bon Appetit!**