

27 April 2022

Important Dates

Wednesday, 27 April 11:00am

Dr. Monique Ryan one of the candidates running for the seat of Kooyong is visiting Hester Canterbury to learn of your concerns and issues.

Saturday, 21 May 2022

Australian Federal Election polling (voting) day. Please see overleaf for more details for more information concerning this.

If early in the morning of **Monday, 2 May** you hear some unusual noises please do not be alarmed, the gutters around the property are being cleaned.

Please be aware that there may be equipment such as ladders and hoses around, so please watch your step.



Access free Wi-Fi on ground floor. Please see staff for the password.



Housekeeping Notices

National Federal Election Voting Day 21 May 2022

If you are unable to attend a polling booth on the above day, you can apply for a postal vote (**applications close 18 May**).

However if you do not apply as soon as possible, you may have to choose an alternative way to vote. Applications can be found on the following site.



www.aec.gov.au (Federal Election 2022 - Postal Voting).



Please save your used stamps, Legacy collects them for fund raising. This is such a simple yet effective way to help others.

One of our residents (Apt 1.04) will then collect the stamps and forward them to Legacy.

The stamps **do not** need to be trimmed, they can be left on half an envelope and Legacy will do the rest. If you do trim the edges, please **make sure** you leave an inch around the edge of the stamps.

The film selections for the month of May are now available. Much appreciation to all residents on the Film Committee for their continued hard work.



The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.

www.hestercanterbury.com.au

Writing about ladders brought to mind the old superstition concerning walking under ladders being considered bad luck; so here is some thinking behind this particular belief.

Walking under a ladder

There are several theories about the unluckiness of walking under a ladder. One explanation has its roots in religion. Many Christians believe in the Holy Trinity- the father, the Son, and the Holy Ghost. This belief made the number three sacred in early times, and along with it the triangle. A ladder leaning up against a wall forms the shape of a triangle, and walking through it would be seen as “breaking” the Trinity, a crime seen as blasphemous as well as potentially attracting the devil.



Others believe that a ladder against a wall resembles a gallows.

Ladders used to be propped up to allow the person being hanged to climb high enough to get to the rope.

A third theory involves the Egyptian belief that if you walk under a ladder, you might accidentally see a god climbing up or down.

Another very old superstition is

Throwing spilt salt over one’s left shoulder

Spilling salt has been considered unlucky for thousands of years. Around 3,500 BCE, the ancient Sumerians first took to nullifying the bad luck of spilled salt by throwing a pinch of it over their left shoulders. This ritual spread to the Egyptians, the Assyrians and later, the Greeks.



The superstition ultimately reflects how much people prized salt as a seasoning for food. The etymology of the word “salary” shows how highly salt has been valued. Apparently the Roman writer Petronius originated the saying “not worth his salt” for Roman soldiers, who were given special allowances for salt rations, called Salarium “salt money” the origin of our word salary.

**Week Three of the Autumn Menu starts on Monday 2 May.
Please place any orders by lunchtime the Thursday before.
Bon Appetit!**



Hester
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: hester@basscare.org.au