

2 March 2021

Important Dates

Friday 4 March, from 10:30am

Photographs will be taken of all vanity basins with hairline cracks in them that have been reported to Alexia.

If you have this issue please contact Alexia to ensure your apartment number is on the list. If you are not going to be home please also give your consent for the photos to be taken in your absence.

Tuesday 8 March, 10:00am

The monthly Residents' Committee meeting will be held. If you have any topics you would like discussed at the meeting, please put it in writing and place in the Residents' Committee mail box by Friday 4 March; this way the subject can be officially included in the Agenda.

Access free Wi-Fi on
ground floor. Please see
staff for the password.



Housekeeping Notices

As of 11.59pm on Friday 25 February the face mask ruling eased and masks will **not** be needed in most indoor settings.

Masks will **still** be required in some settings such as on public transport, in taxis or Uber rides.

It is **strongly recommended** as best practice and for the well being of all at Hester Canterbury that we all continue to wear masks in all common areas.



The Canterbury Centre is again running a 12 week Exercise Physiologist led programme for falls prevention, targeted at reducing your risk of falls. The programme includes-

- A pre-course assessment,
- 12 weekly group exercise class (60 minutes),
- A post-course assessment (1-2 weeks post),
- Educational talks.

For bookings or enquiries please phone 98804709 or email: m.azzopardi@basscare.org.au



Please remember to bag all rubbish that goes in the "General Waste" bin (usually collected on a Tuesday).

Re-cycled items **do not** need to be bagged before placing in the chute.

The Hester Canterbury Newsletter is uploaded
on the Hester website under 'news'.

www.hestercanterbury.com.au

What happened this week in Australian history...

March 3

- 1911 – The city of Palmerston in the Northern Territory is renamed Darwin in honour of Charles Darwin.
- 1942 – Japanese forces carry out air raids on Broome.
- 1986 – The *Australia Act 1986*, which completes Australia's independence from the United Kingdom, is proclaimed by Queen Elizabeth II at a ceremony in Canberra.

March 4

- 1804 – The Castle Hill convict rebellion took place near Sydney; 200 convicts rebelled, 51 were later punished and nine hanged.
- 1825 – A penal settlement is established on Maria Island, Tasmania.

March 5

- 1868 – Lucy Osburn and five other nurses trained by Florence Nightingale arrive in Sydney; Osburn is later regarded as the founder of nursing in Australia.

March 6

- 1837 – The Theatre Royal in Hobart opened, it remains Australia's oldest working theatre.
- 1963 – Moe becomes a city.

March 7

- 1981 – Modernist Australian architect Roy Grounds dies. Grounds designed the National Gallery of Victoria, which was opened in 1968.

March 8

- 1828 – Australian postage stamps are issued for the first time.
- 1925 – Melbourne's first commercial radio station, 3UZ, begins broadcasting.

March 9

- 1951 – In *Australian Communist Party versus Commonwealth* the High Court of Australia holds that the Federal Parliament's attempt to ban the Communist Party of Australia is unconstitutional.
- 2000 – Melbourne's Docklands Stadium is officially opened, replacing Waverley Park as Victoria's second largest stadium. (The MCG coming in as the largest).

**Week One of the Summer Menu starts on Monday 7 March.
Please place any orders by lunchtime the Thursday before.
Bon Appetit!**



Hester
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.
Email: hester@basscare.org.au