

16 March 2021

## Important Dates

The March monthly dinner scheduled for **7:00pm Thursday, 17 March** is on St Patrick's Day so it would be great craic\* if you would dress in green to join in with the spirit of the day. Of course there will be a prize for the resident sporting the best green outfit.

Please don't forget that our new Autumn menu starts **Monday, 21 March.**

If you would like to order any meals from the new menu please place your selection with Alexia by noon **Thursday, 17 March.**



\* Meaning of the work "craic"- an enjoyable, social activity, a good time.

Access free Wi-Fi on ground floor. Please see staff for the password.



## Housekeeping Notices

If you have issues with hair line cracks in your bathroom vanity basin and **have not** had your basin photographed please contact Alexia immediately to get this done so we can include it in our records.



When our vegetable garden is ready for replanting for the Winter season if there are any vegetable selections you would like planted, please let Alexia know in the next couple of weeks.

Last month all residents received information concerning the use of the defibrillator at Hester Canterbury and a form concerning **your** directives regarding the **non-use of the defibrillator.**

This paper work will be re-issued today with an amendment for you.

Please note this form is specific to your wishes **NOT** to have a defibrillator used on you in an emergency situation.

**IF** your returned form is **NOT** in our records it will be assumed that in an emergency you consent to having the defibrillator used on your person. If this has raised any questions please speak to Alexia.



The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.

[www.hestercanterbury.com.au](http://www.hestercanterbury.com.au)

## A wee background about St Patrick's Day

Saint Patrick, the patron saint of Ireland was born in Roman Britain in the late 4<sup>th</sup> century. Around the age of 16 he was kidnapped and taken to Ireland as a slave.

He escaped but returned about 432BCE to converter the Irish to Christianity.

By the time of his death (17<sup>th</sup> March – remembered as St Patrick's Day), he had established monasteries, churches and schools.



Many legends grew up around him – for example that he drove all the snakes out of Ireland and used the shamrock to explain the Trinity.

It was emigrants, particularly the United States, who transformed St Patrick's Day into a largely secular holiday of revelry and celebration of all things Irish. Cities with large numbers of Irish immigrants, who often wielded political power, staged the most extensive celebrations, which included elaborate parades.

Boston held its first St Patrick's Day parade in 1737, followed by New York City in 1762.

Since 1962 Chicago has coloured its river green to mark the holiday. (This is done by 3 boats, 2 with the secret sauce and the last boat acting as a chaser vessel to mix it up. The dye is essentially food colouring concocted by plumbers years ago to help trace leaks in buildings.)



Although blue was traditionally the colour associated with St Patrick, green is now commonly connected with the day.

*"May the saddest day of your future be no worse than the happiest day of your past."*

—IRISH BLESSING

*"May you have warm words on a cold evening, a full moon on a dark night, and a smooth road downhill all the way to your door."*

—IRISH BLESSING

*"May your blessings outnumber the shamrocks that grow, and may trouble avoid you wherever you go."*

—IRISH PROVERB

**Week one of the Autumn Menu starts on Monday 21 March.  
Please place any orders by lunchtime the Thursday before.  
Bon Appetit!**



**Hester**  
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: [hester@basscare.org.au](mailto:hester@basscare.org.au)