

28 April 2021

## Important Dates

**7:00pm Thursday 27 April**  
Hester Canterbury dinner.  
Don't forget to bring your  
favourite tipples with you.

**10:00am Thursday 6 May**



Exercise classes  
resume in the gym.

Please note you  
will not be able to  
attend the classes until Tom  
(the instructor) has received a  
medical clearance form signed  
by your Doctor.

**10:30 am Wednesday 19 May**

Cancer Council Big Morning  
Tea and Trivia Quiz.  
Please join us for a fun  
morning and help raise funds  
for this vital and most worthy  
organisation.  
More details to follow.



Access free Wi-Fi on  
ground floor. Please see  
staff for the password.



## Housekeeping Notices

Please note that the bin under the café  
sink is **ONLY** for recyclable rubbish –  
Plastic, glass and paper.

Regrettably used coffee pods can not be  
re-cycled and so are to be placed in the  
Other bin. Please also ensure that all rubbish placed in  
the rubbish chute is bagged.



Our very dear resident  
Margaret is still laid up in Box  
Hill Hospital and would very  
much enjoy hearing from you via a  
text message to her mobile.

If you have some free time  
and enjoy giving to the local  
community there are always  
opportunities to become a  
volunteer at BASScare.

Drivers are always needed to  
deliver Meals On Wheels (if you wish this may as little  
as one hour every two weeks).

Faversham House would be very appreciative of people  
to assist with shared activities, and there is the  
convenience of Faversham House being our next door  
neighbour.

More House Keeping notices overleaf.



The Hester Canterbury Newsletter is uploaded  
on the Hester website under 'news'.

[www.hestercanterbury.com.au](http://www.hestercanterbury.com.au)

## Housekeeping continued...

Please do not use the **dishwasher in the café area**, it is not working. The technician will be out next week to look at it. In the interim please rinse any crockery and/or cutlery used and place it in the top dishwasher in the kitchen. Alternatively please hand wash dirty crockery and replace it in the cupboard.



As mentioned in last week's newsletter a group from the Department of Justice and Community are going to visit Hester Canterbury shortly for your opinions on the review of the **Victorian Villages Retirement Act**. (We are still waiting confirmation of a date and time from them).

If you would like some more information on the Villages Retirement Act as it is currently, you can read the Act in its entirety, or if you go to the following site

[engage.vic.gov.au](https://engage.vic.gov.au) then click Retirement Village Review Options Paper Summary, where you will find the Options Paper Summary (either on MS Word or as a PDF).

## The Origins of May Day (May 1)

1. **May Day: Beltane**  
The Celts of the British Isles believed May 1 to be the most important day of the year, when the festival of Beltane was held. ... Symbolic fire was one of the main rituals of the festival, helping to celebrate the return of life and fertility to the world.
2. **Alternative Titles: International Workers' Day, Workers' Day May Day**, also called Workers' Day or International Workers' Day, day commemorating the historic struggles and gains made by workers and the labour movement, observed in many countries on May 1. In the United States and Canada a similar observance, known as Labour Day, occurs on the first Monday of September. May Day is celebrated on Saturday, May 1, 2021.
3. The Mayday call originated in the 1920s. ... As much of the traffic at Croydon airport at that time was to and from Le Bourget Airport in Paris, it was proposed the expression "Mayday" derived from the French word "m'aider" that means "help me" and is a shortened form of "venez m'aider", which means "come and help me".

**Week Four of the Autumn Menu starts on Monday 3 May.**  
**Please place any orders by lunchtime the Thursday before.**  
**Bon Appetit!**



**Hester**  
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: [hester@basscare.org.au](mailto:hester@basscare.org.au)