# **Hester**Canterbury

# newsletter newsletter newsletter

# 6 April 2021

### **Important Dates**

#### Tuesday, 13 April

The monthly meeting of the Hester Canterbury Residents' Committee will be held on the above date. If you have anything you would like included the meeting, please put it in writing and drop your correspondence off in the committee mailbox.

#### Thursday, 15 April

A special presentation by Dr Christina Green-"Music for Wellbeing" will be held at the Maranoa Club (just behind Faversham House) from 3:30pm –

4:30pm (Gold coin donation). Come and join in for a group sing along - no experience or musical skill needed....



Access free Wi-Fi on ground floor. Please see staff for the password.

## Housekeeping Notices

A gentle reminder that the Maintenance Forms are only to be used for maintenance requests; if you have any other comments, concerns or compliments please use the Comment Form that are also located in the same area as the maintenance forms.

Any completed forms can then be dropped in the Manager's letterbox.

If we potentially have enough residents interested, the weekly fitness classes will again resume at 10:00am every Thursday morning at a cost of \$15.00 per session.

If you are interested please collect a medical clearance form from Alexia, once your Doctor has filled the form in please return it to Alexia.

Further information to come....

Please see overleaf for some important information concerning *The Victorian Retirement Villages Act 1986* currently under review.

Your input is vital to ensure effective consumer protection and sector growth and innovation. The publication concerning the review is available in the library, *please do not remove it.* 

The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.

www.hestercanterbury.com.au



### Did you know...

Three theories exist regarding the origins of the month of April's name.

Some say the name came from the Latin word meaning "second" since April was

the second month on the ancient calendar.

Another claim is that it comes from "aperire" a Latin word meaning "to open" because it represents the opening of buds and flowers in Spring.



Still other think that April was named after the goddess Aphrodite.

Aphrodite was the ancient Greek goddess associated with love, beauty, pleasure, passion and procreation.



Week One of the Autumn Menu starts on Monday 12 April Please place any orders by lunchtime the Thursday before. Bon Appetit!



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Please forward any contributions for future newsletters to Alexia for inclusion.

Email: hester@basscare.org.au