

13 January 2021

Important Dates

Monday, 25 January

The Hester Canterbury Craft Group is re commencing as of the above date at 2:00pm and will continue on The last Monday of every month.



Please note it is essential that **facemasks** are worn whenever residents are gathering outside their apartment.

Wednesday, 13 January

Alexia will be on leave on the above date, Rebecca will be on duty for the day; please take into account Rebecca will still be “learning the ropes”.

Tuesday, 26 January Australia Day Holiday

No staff will be on duty on the above date. Please don't forget to collect any ordered meals from the Hester Canterbury kitchen fridge after 4.30pm

Access free Wi-Fi on ground floor. Please see staff for the password.



Housekeeping Notices

Due to the State Government COVID-19 restrictions that were introduced on the evening of Thursday 31 December we are no longer able to hold our traditional Australia Day barbecue at Hester Canterbury.

(Until further notice gatherings are limited to 15 people in a private area including outdoors.)



There has been some confusion concerning the Victorian State Government directive when and where it is compulsory to wear facemasks.

As **soon** as you step outside your front door **you must be wearing a mask and it must be worn correctly.**

Please keep vigilant by:

- Practicing good hand hygiene,
- If you have any symptoms of COVID-19 you **must** get tested and stay quarantined in your apartment until your test results are returned,
- All visitors must comply with the compulsory protocol concerning entering the building and completing all sections of the Visitors' Sign In Book at the reception desk.

The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.

www.hestercanterbury.com.au

Some Interesting Trivia about Australia

The Australian Coat of Arms

The first Australian Coat of Arms was authorized by King Edward the 7th on 7 May 1908.

The emu and the kangaroo were chosen to symbolize a nation moving forward, based on the fact that neither animal can move backwards easily - i.e. symbolizing progress, a country moving always forward.



Australia's Indigenous people

The Aboriginal culture is the oldest living culture on earth. It is estimated that continent's original inhabitants have been here for a staggering 40,000 to 60,000 years. There are 250 indigenous languages and around 800 dialects.

We love a wager

Per capita, Australians spend more money on gambling than any other nation, with over 80% of Australian adults engaging in some form of gambling annually. Also 20% of the world's poker machines are found in Australia.



Dropbears

Scotland may have Nessie but we have our own beast to scare tourists. The "dropbear" was purported by mainstream media and various institutions including the Australian National Museum to drop from trees and attack tourists.



We are a "weird mob" but what a wonderful and unique mob and country we are, let's all take a moment on the 26th to appreciate our good fortune.....

Week three of the Summer Menu starts on Monday 18 January.
Please place any orders by lunchtime the Thursday before.
Bon Appetit!



Hester
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: hester@basscare.org.au