

10 February 2021

## Important Dates

**Thursday, February 11 to  
Monday, February 22**

Alexia will be on annual leave, while Alexia is away Rebecca will be on site at Hester Canterbury to cover the regular staffing hours.

**Residents' Committee  
Meeting Dates for 2021.**

April 12,  
May 11,  
June 8,  
July 13,  
August 10,  
September 14,  
October 12,  
November 9,  
December 14.

If you have anything you would like raised with the Committee at any of the above meetings please put it in writing and place in the Residents' Committee letter box.

Access free Wi-Fi on ground floor. Please see staff for the password.



## Housekeeping Notices

If you have any concerns or compliments these need to be submitted via the **Hester Canterbury Feed Back Form**.

The **Hester Canterbury Maintenance Form** is only to be used for maintenance issues that need to be actioned.

Both forms are available in the pigeon holes opposite the resident mail boxes. Using the correct forms expedites any action or response in a more efficient fashion.

If you take any glassware or crockery away from the Hester Canterbury kitchen or café area, please return it as soon as it is not longer needed.



If you are taking some morning tea away to your apartment could you please place it on a saucer not a bread and butter plate. We are very short of these plates, so please return any you may have in your apartment.



Our new meal selection menu for Autumn will be available in mid March. More details to follow in the coming next few weeks when the new menu will be available.

The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.  
[www.hestercanterbury.com.au](http://www.hestercanterbury.com.au)

## ***The Meaning Behind Some Of the Symbols of Chinese New Year***

2021 is the year of the Ox – people born under this zodiac sign are said to be hard workers in the background, intelligent and reliable.

Some of the symbols of the Chinese New Year are-

### ***Mystic or Infinity Knot***

This is one of many symbols for good luck, consisting of 6 Infinity knots tied together and symbolizes never ending luck, prosperity and abundance. They are used to decorate houses or used as gifts or decorations over the New Year.



### ***Lucky Red Envelope (Hongbao)***

All Lunar New Year, it's tradition to give a red envelope.

These are filled with money and symbolize good wishes and luck for the new year ahead.

### ***The Lion Dance***

In Chinese culture the lion symbolizes power, wisdom, and superiority....It is one of the most important traditions at Chinese New Year. It is performed to bring prosperity and good luck for the upcoming year. The lion dance is also a way to create a festive atmosphere and bring happiness.



### ***Seven Chinese Year Foods and their symbolism***

Dumplings – wealth, Fish – surplus and fortune, Noodles – longevity,

Wontons – wealth and treasure, Glutinous Rice Balls – family re-union,

Spring Rolls – wealth and a fresh start, Glutinous Rice Cake – career rise.



**Week Three of the Summer Menu starts on Monday 15 February**  
**Please place any orders by lunchtime the Thursday before.**  
**Bon Appetit!**



**Hester**  
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

**Email:** hester@basscare.org.au