

2 December 2020

## Important Dates

**Monday, 7 December**

New Summer Menu Week  
One commences; you will receive the new menu selection this week. Please place any orders by lunchtime Thursday the week prior for the next week.



**Friday, 11 December**

Hester Canterbury  
Christmas Drinks  
5.00 -7.00pm in  
the courtyard.



**14, 16 and 17 December**

External and internal window  
Cleaning scheduled.  
Please don't forget to let  
Alexia know by December 11  
if you need pot plants on  
your balcony moved prior to  
this work being done.

Access free Wi-Fi on  
ground floor. Please see  
staff for the password.



## Housekeeping Notices

One of our residents has very thoughtfully offered a brand new walking aid to anyone at Hester Canterbury who may like it.

The frame is very light which makes it very "user friendly" and it can also be compactly folded to go in the boot of a vehicle easily.

This piece of equipment is still boxed, however is exactly the same model as the photos below. If you are interested please speak to Alexia who will provide you with further details.



Christmas cards handmade by the residents of Faversham House are available at the reception desk, payment can be made by placing the cash amount in one of the "honesty envelopes" provided.

The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.  
[www.hestercanterbury.com.au](http://www.hestercanterbury.com.au)

## *The Origins behind one of our Christmas Traditions....*

### *Reindeers drawing Father Christmas's sleigh*

Until 1822 Father Christmas was said to do his rounds on foot or on a white horse. The change to the sleigh drawn by 8 reindeer is acknowledged as being the idea of New York Professor Clement Moore who in 1822 wrote a poem for his children entitled "A Visit from Saint Nicholas". In his poem the reindeer were given names to make the story more plausible and exciting, and so were born Dasher, Dancer, Prancer, Vixen, Comet, Cupid, Donner and Blitzen.



The idea for this probably came from Finland where legend tells of Old Man Winter, a mythical character who every year drove his reindeer down from the mountains bringing the snow with him. While the reindeer hail from Finland, a place traditionally associated with Father Christmas, the idea is really of American origins, based on a Finnish legend.

### *The Australian version.....*

"Six White Boomers" is a song written by Rolf Harris and John .D. Brown and released on the Columbia label in 1961; and tells the tale of Santa doing his rounds with "boomers" (a colloquialism for a male kangaroo) not reindeers.



**Week One of the Summer Menu starts on Monday 7 December**  
**Please place any orders by lunchtime the Thursday before.**  
**Bon Appetit!**



**Hester**  
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: [hester@basscare.org.au](mailto:hester@basscare.org.au)