

21 October 2020

Important Dates

Friday, 23 October 2020

Please note the above date is a Public Holiday, as would usually be observed for the Football Grand Final.

This year it will known as "Thank you Day" and dedicated to all front line workers dealing with COVID-19.

Please note if you have ordered meals they will be delivered to the Hester Canterbury kitchen fridge for **you to collect** after 4.30 pm that evening of the above date.

Your completed ballot pack for the Boroondara Council elections must be in the

Australia Post mail by 6:00 pm by **Friday 23 October**.

If you **have not** received your ballot papers yet please call the election office on **86191408**.

Access free Wi-Fi on ground floor. Please see staff for the password.



Housekeeping Notices



Sometimes life does not go to plan and when we may have to take a trip to hospital unexpectedly.

To make just such a time a little advisable to have an overnight bag packed in readiness for a potential stay. Don't forget to include a list of your current medications and your spectacles.

For the safety and well being of all, this is a gentle reminder that the sliding doors from the courtyard to reception **MUST** remain closed, manually locked and bolted on the weekend.



One of our lovely residents (Anne) has divided her fine, delicate, white orchid and will place the little baby plants (often called Keiki-Hawaiian for "Baby") out at the Hester Canterbury reception desk if any one would like to take one.



The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.

www.hestercanterbury.com.au

What the latest changes in COVID-19 restrictions mean for you....

- You can now travel up to 25kms from your home within metropolitan Melbourne. This replaces the 5km rule. (Travel to regional Victoria is still **only** allowed for permitted purposes even if this is within 25kms).
- You can leave home for any period of time to exercise or see friends and family **outdoors**. There are no limits on the number of times you can leave home. **However the "one person social bubble" has NOT been lifted.**
- You can meet in a group of up to 10 people from a **maximum of two households outdoors** in a public place (such as a park or beach) to socialize.
- Ian - outdoor tennis courts are open (with some restrictions),
- Sam - golf courses are open (with some restrictions),
- Ladies - hairdressers are open (with some restrictions),
- Gentlemen - barbers are open (with some restrictions),
- Vehicles - external and contactless car washing is available.
- **Beauty and personal care services** - closed.
- **Allied health providers** that are currently listed on the permitted work premises list will be able to return to delivering all routine care. **Private cleaning services to your apartment are NOT included in this list.**
- **Personal training - outdoor only**, up to 2 people per trainer.
- **Resting place** - a person may attend the resting place of a deceased relative to remember a key milestone.

Additional changes to retail, hospitality and personal services will be made from the **1st of November**, in line with the advice of the government public health team.



Week Two of the Spring Menu starts on Monday 26 October.
Please place any orders by lunchtime the Thursday before.
Bon Appetit!



Hester
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.
Email: hester@basscare.org.au