

1 April 2020

## Important Information

At BASScare every effort has been, and will continue to be made, to keep everyone as safe as possible from becoming ill. The organisation has been proactive in every possible way to keep our community safe from contracting COVID -19. A haphazard or careless attitude by **ANY** of us means that things will not stabilise or improve until **EVERY ONE** does the correct thing for the greater good.



Both the Maling and Union Road chemists will deliver prescriptions to Hester Canterbury . They will also pick up Webster packs and refill them.

If you are interested in using this service please speak to Alexia for more details.



Access free Wi-Fi on ground floor. Please see staff for the password.



## Housekeeping Notices

At Hester Canterbury preventative measures and protocols have been set up to keep **YOU**, your families and the wider community as safe as possible.

It is **IMPERATIVE** for the well being of all that the following directives are observed-

- Sanitizing of hands before entering the building,
- Observing social distancing of 1.5 metres,
- Limiting your day to day activities outside your home to essential excursions such as supermarket shopping or medical appointments,
- (Walking is permitted remembering the prerequisite social distancing),
- To restrict all visits to 1 visitor a day, the visits are to be conducted in your apartment –all visitors **MUST** sign in to the guest book and are **NOT** to linger in the public areas,
- Please cough or sneeze into your elbow,
- Where ever possible please activate the lift and any other devices (such as door handles) with your knuckle, elbow or a pen,
- If any residents, visitors or service providers present the symptoms of the illness, it is **ESSENTIAL** that Hester Canterbury management is informed of this.

### Newsletter Contributions

Please forward any contributions for future newsletters to Alexia. Email : [Hester.Canterbury@Basscare.org.au](mailto:Hester.Canterbury@Basscare.org.au)

The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.  
[www.hestercanterbury.com.au](http://www.hestercanterbury.com.au)

## ENVISION HANDS

*Due to the current health crisis, the collection of plastic bottle caps has been suspended.  
On behalf of Envision Hands, thank you to everyone who saved their caps.  
- Joan Inglis*

## A LITTLE BIT ABOUT APRIL FOOL'S DAY

It's hard to say where the origins of this day originated.

Some historians speculate that the day dates back to 1582, when France switched from the Julian calendar to the Gregorian calendar.

People who were slow to get the news or failed to recognize that the start of the new year had moved to January 1<sup>st</sup> and continued to celebrate it during the last week of March through to April 1<sup>st</sup> became the butt of jokes and hoaxes.

It is clear that the habit of sending springtime rubes on a "fool's errand" was rampant in Europe by the late 1600s.

On April Fools' Day 1698, many saps were tricked into going to the Tower Of London to watch the "washing of the lions" (although there were lions and a menagerie of other animals this was a ceremony that did not exist).

By April 2<sup>nd</sup> the newspapers had to debunk the hoax!



**Week four of the Autumn Menu starts on Monday 6 April.  
Please place any orders by lunchtime the Thursday before.  
Bon Appetit!**



**Hester**  
Canterbury

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Email: [hester@basscare.org.au](mailto:hester@basscare.org.au)