

11<sup>th</sup> December 2019

## Important Dates

### Christmas Dates

#### ***Hester Canterbury Christmas Luncheon***

Friday 13<sup>th</sup> December @ 12noon  
for a 12.30pm start

#### ***BASScare Christmas Drinks***

Thursday 19<sup>th</sup> of December

5pm – 7pm

Please join us for a glass (or two, or three...) of **complimentary** bubbles and/or wine and non alcoholic beverages to toast the Festive Season.



Access free Wi-Fi on  
ground floor. Please see  
staff for the password.



## Housekeeping Notices

### New Staff Member

We are pleased to announce the appointment of a new Retirement Living Assistant by the name of Zaid. Zaid commenced Monday (9<sup>th</sup> December), so please join with us welcoming him on board.

### Missing Crockery

Please return all crockery and cutlery that may be hiding in your apartment to the Hester Canterbury kitchen as soon as possible. We are very short on a number of items which we need for our Christmas Luncheon this Friday 13<sup>th</sup>. We appreciate your help in this matter.

### Annual leave

Please be aware that Alexia , our Retirement Living Coordinator, will be on leave from the 25<sup>th</sup> December, returning on 2<sup>nd</sup> January 2020.

### Hester Canterbury Emergency Process Contacts

Over the coming week you will each receive an updated Emergency Process for your review. Please take the time to familiarize yourself with this process and place it within easy to reach/access.

The Hester Canterbury Newsletter is uploaded  
on the Hester website under 'news'.  
[www.hestercanterbury.com.au](http://www.hestercanterbury.com.au)

Please refer to your **Monthly Movie Schedule** for information on the regular Tuesday evening movie.

There is also a monthly movie schedule posted on the noticeboard in the mail area.

### **The History of the Christmas Wreath.**



Since classical antiquity, the wreath has been used as a symbol of power and strength. In Rome and Greece, kings and emperors often wore laurel wreaths as crowns

the practice they themselves borrowed from the Etruscans, who predated them. The Greeks and Romans connected the laurel wreath to their sun god, Apollo, and considered the crown to embody his values.

Harvest wreathes – the predecessors to our modern decorations were used in rituals for good harvests, and predate even written history. Ancient European animists often used evergreens in their wreathes to symbolize strength and fortitude, as an evergreen will live through even the harshest of winters. As for the connection to Christianity, since wreathes symbolized tenacity and everlasting life, they were often used in funerals of important people, specifically in the burials of saints and martyrs.



**Week Two of the Spring Menu starts on Monday 16<sup>th</sup> December.**  
**Please place any orders by lunchtime the Thursday before.**  
**Bon Appetit!**



**Hester**  
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: [hester@basscare.org.au](mailto:hester@basscare.org.au)