

16th October 2019

Important Dates

Melbourne Cup Barbeque.

The 5th of November just wouldn't be the same without the traditional Hester Barbie run by our talented residents at Hester. The sign up sheet will be available at reception next week.



Ladies' Day (Oaks Day) Afternoon Tea 2.00pm Thursday 7th November



Ladies (and Gentlemen) don your finest chapeaux and join us for a glass

of bubbles and a little light refreshment.

More details to come.

Upcoming Monthly Dinner Dates

30th October

(Menu details overleaf)

27th November.

Access free Wi-Fi on ground floor. Please see staff for the password.



Housekeeping Notices

Hester Committee Meeting Minutes

After each monthly meeting the minutes of will now be available on file at the Hester Library (**not** the Reception desk as written in last week's newsletter).

If you would like a copy of the minutes please let the Committee Secretary know and it can be organized for you

Miele Excursion Expressions of Interest

Miele may consider a cooking demonstration for the particular type of oven we have at Hester, pending on 12 people interested in attending.

Further details will be provided once we have established that we would be able to comply with the required numbers. The Expression Of Interest form is now available at Reception for those who wish to attend.

Plastic Bottle Tops

Please continue to donate your plastic bottle tops (container located in the Hester café area).

The Shepparton News is coordinating a project in their area recycling bottle tops for the manufacture of prosthetic limbs.

Servicing of Air Conditioners

In the near future there will be a sign up sheet for those residents wishing to have their air conditioners serviced before the long, hot Summer.

More details (such as cost and time to be confirmed)

The Hester Canterbury Newsletter is uploaded on the Hester website under 'news'.
www.hestercanterbury.com.au

Please refer to your **Monthly Movie Schedule** for information on the Tuesday evening movie.

Hester Canterbury Monthly Dinner Menu

Wednesday 30th October

A Main Choice of

Barramundi Fillet with a Creamy Butter Sauce, Nicoise Style Potatoes & Fennel & Grape Salsa

Or

MSA G5 Porterhouse Steaks with a Herbed Garlic Mash & Zucchini Fritters

Dessert

Chilled Halloween Cheesecake Or Personal Cheese Platters

**Please reserve your selections at reception
and please note bookings close on
Monday 28th October 2019 at 17:00**

Did you know....

The meaning of the Nursery Rhyme “Mary, Mary quite Contrary”

“Contrary” is one way to describe a murderous psychopath. This popular English Nursery Rhyme, which reads like a solicitation for gardening advice, is actually a recounting of the homicidal nature of Queen Mary the First of England aka Bloody Mary. A fierce believer in Catholicism (as was her mother Catherine of Aragon), Mary’s reign as queen –from 1553 to 1558 – was marked by the execution of hundreds of Protestants (Silver bells and cockleshells are torture devices, later that were attached to male genitals). Certainly not garden accoutrements.



**Week Three of the new Spring Menu starts on Monday 21st of October.
Please place any orders by lunchtime .
Bon Appetit!**

Hester
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.
Email: hester@basscare.org.au