

4th September 2019

Important Dates

Balenciaga at Bendigo

12th September

9:00am - 5:00pm

Residents Committee Dates for 2019

8th October

12th November

10th December

Upcoming Monthly Dinner Dates

25th September

30th October

27th November

Pharmacy Guild of Australia Medications Talk

Wednesday 18th September

@ 10:45am – 12noon at

The Canterbury Centre

Vardos (Gypsy & Fold Music)

Free live music performance

Thursday 19th September

@ 2:00pm at

The Canterbury Centre

Christmas Luncheon

Friday 13th December

Access free Wi-Fi on
ground floor. Please see
staff for the password.



Housekeeping Notices

Disabled Parking Bays

The subject of disabled parking has been revisited with BASScare management along with feedback from the general Hester community. Please note the disabled parking bays are for visitors' use **ONLY** and all Hester residents are to park in their own allocated parking bays.

Evacuation Kit

Hester now has an emergency Evacuation Kit containing a torch, a high vis jacket, first aid kit and a list noting residents who are away or who have guests staying with them.

Once again we would like to re-enforce the need for residents to notify staff if you are going to be away overnight or longer, or have guests staying.

Residents' Committee Meeting

If you have any issues you would like raised at the Residents' Committee Meeting, please put it in writing and submit it to the Residents' Committee mailbox. This way, all the Committee members have a written record of subjects to be raised.

Rubbish Disposal

Please ensure all rubbish placed in the rubbish chutes is bagged. (This does not apply to co-mingled re-cycling).

**Week Two of the new Winter Menu starts on
Monday 9th of September.**

Please place any orders by lunchtime .

Bon Appetit!

The Hester Canterbury Newsletter is uploaded
on the Hester website under 'news'.

www.hestercanterbury.com.au

Tuesday 10th September 7:30pm

On The Basis of Sex (2018)

Director: Mimi Leder

Stars: Felicity Jones, Armie Hammer, Justin Theroux



Don't be misled by the title! This is the true story of young U.S. lawyer Ruth Bader Ginsburg and her historic struggle for equal rights that leads ultimately to her trail-blazing nomination and confirmation as a U.S. Supreme Court Justice. **(With captions)**

Thursday 12th September 12pm

Hidden Figures (2016)

Director: Theodore Melfi

Stars: Taraji Henson, Octavia, Spencer & Janelle Monae

The remarkable true story of three brilliant African American women working at NASA, who served as the brains behind the launch into orbit of astronaut John Glen, a stunning achievement that turned around the Space Race. **(With captions)**



Balenciaga at Bendigo

A Thursday day trip to Bendigo is being organized to view the Balenciaga Exhibition at Bendigo Art Gallery. Places will be limited, so please write your expression of interest on the form at Reception. The total cost of the return trip door to door is \$47.00, this includes entry to the exhibition. There will be free time in Bendigo in the immediate area to have some lunch at the gallery café or any of the numerous eateries opposite the gallery.

The excursion will run Thursday 12th September (approximately 9:00am - 5:00pm). Please note a minimum of 10 people is required for the excursion to run.



Did you know...

The following is a contribution from one of our Hester Residents ... enjoy!

For those who have not been initiated into our health care system and some unusual meanings for medical words:



Word

Bacteria
Bowel
Dilate
Seizure
Urine

Meaning

Back door to the cafeteria
A letter like A, E, I, O, U
To live longer
Roman Emperor
Opposite of you're out

Hester
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: hester@basscare.org.au