

7<sup>th</sup> August 2019

## Important Dates

- **Power of Attorney Talk**  
Wednesday 14<sup>th</sup> August  
10.45am Canterbury Centre,  
2 Rochester Road. See last  
weeks Newsletter for  
further details
- **Fish'n'Chip Night**  
Friday 23<sup>rd</sup> August @ 6pm
- **Upcoming Monthly Dinner  
Dates:**  
28<sup>th</sup> August,  
25<sup>th</sup> September,  
30<sup>th</sup> October &  
27<sup>th</sup> November
- **Christmas Luncheon**  
Friday 13<sup>th</sup> December

**Monthly Dinner  
28<sup>th</sup> August 2019**  
*Please reserve your  
selection(s) at reception  
and please note bookings  
close on Monday  
August 26<sup>th</sup> @ 5pm*

Access free Wi-Fi on  
ground floor. Please see  
staff for the password.



## Housekeeping Notices

- Everyone has been very generous concerning donations of jigsaws to Hester. There is now an extensive selection in reserve for all our Dissectologist\* residents.  
(\* someone who enjoys doing jigsaws).
- Hester will be having some maintenance works done over the week beginning Monday 12<sup>th</sup> August. Please see the Maintenance Notice: Slate Cleaning for details.

### Fish'n'Chip Night

Friday 23<sup>rd</sup> August @ 6pm

Our usual relaxed Friday night @ \$9.00 a head.

Followed by a bed time tale or two ...



The Hester Canterbury Newsletter is uploaded  
on the Hester website under 'news'.  
[www.hestercanterbury.com.au](http://www.hestercanterbury.com.au)

Tuesday 13 August, 7.30pm

## Gran Torino (2008)

Director Clint Eastwood

Stars: Clint Eastwood, Bee Vang, Christopher Carley



Walt Kowalski (Clint Eastwood) is a grumpy Korean War veteran who doesn't like the multicultural changes to his neighbourhood. He is the proud owner of a 1972 Gran Torino. When Thao, a young Hmong teenager, is pressured by a local gang into stealing the car, Kowalski takes steps to protect the young man and take a stand against the gangs that terrorise his neighbourhood. (*With captions*)

Boroondara Council are running an **"Add Life To Your Years"** program where their ambassadors will be presenting a short presentation, covering how to search for activities on the Over 55's webpage, along with other health information and services available in Boroondara.

An interesting morning with the Council providing catering .

**Canterbury Centre, 2 Rochester Rd, Thursday 8<sup>th</sup> of August 11.30am.**

## Did you know...

### The meaning of the phrase "THREE SHEETS TO THE WIND".

This idiom is nautical in origin, but the specific reference remains somewhat cloudy. Here a "sheet" does not relate to a clothesline nor is it a sail. A sheet is a rope or chain attached to the lower corner of a sail and used to adjust tension.

If the sheets are loosened completely, the sails flap and flutter in the wind and the vessel staggers around like a drunk.

Another explanation suggests that with two or four sheets "to the wind" the ship is in balance; with three, of course, it is not.

It is also believed that sailors would refer to someone who could hardly navigate as being "3 sheets to the wind".

Regardless of its exact origin, the earliest printed record of the expression is in Pierce Egan's "REAL LIFE IN LONDON"(1821). The first specifically nautical example is in Richard Henry Dana's "TWO YEAR BEFORE THE MAST"(1840).



Week two of the new Winter Menu starts on Monday 12<sup>th</sup> of August.

Please place any orders by Thursday lunchtime.

Bon Appetit!



**Hester**  
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: [hester@basscare.org.au](mailto:hester@basscare.org.au)