

24th July 2019

Important Dates

- **Christmas in July**
Thursday 25th July 12noon
for a 12.30pm start.
- **Power of Attorney Talk**
Wednesday 14th August
10.45am Canterbury Centre,
2 Rochester Road. See last
weeks Newsletter for
further details
- **Upcoming Monthly Dinner
Dates:**
28th August,
25th September,
30th October &
27th November
- **Christmas Luncheon**
Friday 13th December



Access free Wi-Fi on
ground floor. Please see
staff for the password.



Housekeeping Notices

- Maintenance staff will be changing the smoke detector batteries with LITHIUM batteries in all apartments on Thursday 1st of August and Friday 2nd of August. Alexia will provide access to the apartments if no one is home.
- We are still very short of café crockery, could you please return any pieces that may be in your apartment.
- A big packet of rubber bands were found in one of the shopping baskets downstairs, please see Alexia to collect.

Monthly Dinner – 28th August 2019

A main choice of:

Slow Roasted Lamb Shanks in a red wine au Just

Or

Creamy Lemon & Parmesan Chicken

*Both will be served with herbed smashed potatoes,
fresh green beans and roasted beetroots*

And for dessert:

Raspberry & Apple Crumble

Or

Personal Cheese Platters

***Please reserve your selection(s) at reception and please
note booking close on Monday August 26th @ 5pm***

The Hester Canterbury Newsletter is uploaded
on the Hester website under 'news'.

www.hestercanterbury.com.au

Tuesday 30 July, 7.30pm

I Capture the Castle (2003)

Director: Tim Fywell

Stars: Romola Garai, Rose Byrne, Bill Nighy

Based on the much-loved book, the film follows the fortunes of 17-year-old Cassandra Mortmain and her eccentric family, struggling to survive in a decaying English castle while her author father suffers writer's block. Fortunately their American landlord and his brother come to the rescue. (*With captions*)



MATINEE

Thursday 1st August, 2.00pm

Etre et avoir (To Be and To Have) (2002)

Director: Nicholas Philibert

Stars: George Lopez, Alize, Axel Thouvenin

A documentary portrait of a one-room school in rural France, where the students (ranging in age from 4 to 11) are educated by a single dedicated teacher.

Boroondara Council are running an “**Add Life To Your Years**” program where their ambassadors will be presenting a short presentation, covering how to search for activities on the Over 55’s webpage, along with other health information and services available in Boroondara.

An interesting morning with the Council providing catering .

Canterbury Centre, 2 Rochester Rd, Thursday 8th of August 11.30am.

Did you know...

BEYOND THE PALE

The “pale” in this idiom stems from the Latin “palus”, one of the stakes driven into the ground to designate a boundary. For example “pale” fences were built all over Europe beginning in the Roman era to designate territory belonging to a particular nation. By the 14th century, a pale had come to mean a territory, as in the 15th century “English Pale” portion of Ireland that England controlled. The meaning eventually changed, partly as a result of Rudyard Kipling’s story “Beyond the Pale”(1888).The pale became a place to which

Those beyond the limits of human decency were relegated.

Week three of the new Winter Menu starts on Monday 29th of July.

Please place any orders by Thursday lunchtime.

Bon Appetit!



Hester
Canterbury

Please forward any contributions for future newsletters to Alexia for inclusion.

Email: hester@basscare.org.au